

This is a podcast about service: service to customers, service to end-users, service to friends and family, and service to yourself.

Episode 2: Emo for Grownups: Managing Your Own Emotions and Influencing the Emotions of Others

October 25, 2009

We usually think of "emo" as a genre of emotionally-charged music for teenagers who wear black and don't smile. In this podcast, I'll share some ideas about "emo" for grownups. [Download Episode](#)

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Episode 1: Coon Huntin' or Organ Practice

Many of us have threads that run through our lives from childhood through adulthood and on to death. This episode is about one of the threads in my life. It will let you know a little about me. I hope you enjoy it. [Download Episode](#)

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